North Bay Schools
Insurance Authority

PREVENTING SLIPS AND FALLS

FOOTWEAR

- Wear sturdy shoes with slip-resistant soles and low heels. Do not wear leather soles, open toe shoes, platform shoes, or high heels.
- Shoes should be laced and tightly tied.
- Avoid porous fabrics such as canvas, which won't protect your feet from spills and burns.
- Look for a tread that channels liquid out from under the shoe to prevent hydroplaning.

HOUSEKEEPING

- Place caution signs when mopping or when floors are wet.
- Use a clean mop with approved floor cleaners.
- Clean up spills immediately.
- During rush periods, spot mop only.
- Be very careful not to spill oil or shortening.
- Keep floor mats clean and in-place.

AWARENESS

- Report to your supervisor any blind corners, problem floor surfaces, or hazardous areas.
- Pay close attention to what is going on around you.
- Don't move too quickly and never run.
- Move cautiously near corners and when carrying things.

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